Celebrate Women's History Month

Podcast Series

Shining a spotlight on the inspiring women in our community!

Throughout the month, we are shining a spotlight on many of the inspiring women that make up the Suited for Change community. Our podcast series, hosted by coaching volunteer, Christina Eanes, is an extension from last month's Black History Month series, now broadening the scope to all women.

Listen Now!
Jasmine is a woman on a mission.

Her success, and the success of her community has been driving her for a long time, but especially since she returned home from a 15-year prison sentence in October 2020.

Find out how Suited for Change helped lift Jasmine up during her time of need.

Read More
To continue our celebration of Women’s History Month, we wanted to pay homage to our amazing volunteers! We are so grateful for your continued support of Suited for Change and would be nowhere without you!

NEW REFERRAL PARTNER

britepaths
Formerly Our Daily Bread
Meet Britepaths, our latest referral partner! As March is Women’s History Month, our partnership with Britepaths has expanded to include a virtual “Smart and Sexy” event for 25 of their clients later this month.

We cannot wait to host more workshops in tandem with Britepaths in the future!

Read More

FITNESS FUNDRAISER

A huge thank you to CREW DC for hosting a virtual workout session as a fundraiser for Suited for Change! We are incredibly grateful for CREW DC’s enthusiasm for SFC’s mission to empower women on their path to economic independence.

The intense barre3 workout class got everyone into quite the sweat -- including our Executive Director, Liz Reinert!
We are thrilled to be a part of Housing Up’s virtual panel, “Covid-19 & its Impact on Women of Color,” on March 31st!

Alongside American Progress, DC Safe, and Housing Up, join us in unpacking the intersections between housing, employment, and domestic violence, and learn how you can help address the growing crisis.

Register Here!