

# OFF THE RACK

FEBRUARY 2022

GET THE LATEST INFORMATION ON UPCOMING EVENTS, CLIENT STORIES, VOLUNTEER OPPORTUNITIES, AND MORE!

## IN THE NEWS: TELEMUNDO



Suited for Change was honored to receive the incredible opportunity to be featured on Telemundo, a news coverage network in Spanish, and share our mission of empowering women on their path to economic independence.

We are thrilled to be expanding our relationship with the Hispanic and Latina community and are so grateful for Telemundo's support in spreading our mission to those in need. Thank you!

[Watch the Interview and View Full Translation](#)

## MEET SHAKETA

CLIENT STORY OF THE MONTH

“

*"I feel much more confident and ready for interviews. Ms. Elena & Ms. Diedra were so helpful and resourceful. I was honestly hesitant to go at first because I'm not used to anyone doing anything for me but I'm glad I went and got to have such a wonderful experience."*

**SHAKETA**

SUITED FOR CHANGE CLIENT



[www.suitedforchange.org](http://www.suitedforchange.org)

@suitedforchange



Meet Shaketa! While initially hesitant of what to expect upon arrival at the Suited for Change boutique, she was pleasantly surprised throughout the entire experience.

[Read Shaketa's Full Story.](#)

## DONOR SPOTLIGHT

JAMSHED MULLA



PHOTOGRAPH BY NADAV KANDER

This month, we are sending a special thank you to one of our longtime donors and Board Members, Jamshed Mulla.

We admire Jamshed's passion to give back and empower others and acknowledge just how deep his roots are tied to Suited for Change. We are incredibly grateful to have him, and all of you, as members of our community who are dedicated to empowering women on their path to economic independence.

[Watch Jamshed's Testimonial Video Here](#)

## PRACTICING A LITTLE LOVE THIS FEBRUARY



We all know February to be the month of roses, flowers, love, friendship, and hearts. This month let's practice a little love for our own hearts by following 7 tips.

[Read More](#)

[\\*Bonus\\* Read Full Article in Spanish](#)

## FRESH & FUN COOKING FOR MENTAL WELLNESS





**Want a 3-course family meal in one hour?..For less than \$10?...With ingredients that can help reduce stress and improve sleep? Register now!**

[Read More](#)

## **FEBRUARY BOUTIQUE SALE**

### **Boutique Sale** **#ShopforaCause**

**Date: February 16th**  
**Time: 4 - 7 PM**

**Proceeds help provide  
professional attire, coaching  
and skill training for women  
in need!**



Shop sustainably and support your local community all at once at Suited for Change's Monthly Boutique Sale.

Be sure to stop by the SFC Boutique on February 16th between 4PM-7 PM and shop for a cause.

What are you waiting for? [RSVP Today!](#)

## SHARE WITH YOUR FRIENDS



Connecting with us on social media and sharing our content to your friends and family is just as if not more important than receiving donations.

We'll love to see it on your social media page! ❤️



Donate

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