When she initially arrived at the Suited for Change boutique, Ngozi was a bit unsure of what to expect, but she quickly realized she was in for a treat!

After spending a packed morning at SFC, as Ngozi headed out the door she made sure to share her appreciation for all the support and kind words of encouragement she received from our incredible volunteers.

**Because of supporters like you, more women like Ngozi are able to feel welcomed, empowered, and excited for their future.**

[Read More]
Community is more important than ever. We need to think local, act local, and give local.

And we need you.

Will you join our community on November 29, 2022, for 24 hours of giving during #GivingTuesday?

We cannot do this vital work without you.

MEET DIEDRA
I EMPOWER LOCAL WOMEN

“I volunteer at SFC because of my commitment to giving back to the community and helping women in need. Being a part of SFC is my destiny.”
This month, we are highlighting Diedra, one of Suited for Change’s Board Members and professional development coaches!

After attending a clothing drop-off over two years ago, Diedra knew she wanted to be a part of our mission to empower women.

“I volunteer at SFC because of my commitment to giving back to the community and helping women in need. Being a part of SFC is my destiny.”

We are so honored to have Diedra as a member of our community, and we know every client that sits down with her learns valuable skills they can utilize as they secure and sustain employment. Thank you Diedra!

DONOR SPOTLIGHT
NELSON MARBAN REAL ESTATE GROUP

Suited for Change was honored to be selected by Nelson Marban Real Estate Group (NMREG) as one of their charities to support during their 3rd Annual Giving Season.

Thank you so much NMREG for sharing in our passion to give back and help women secure and sustain professional employment. We are grateful for you!
The holidays are around the corner...have you gotten your presents yet?

Head to the Suited for Change boutique and browse our collection of professional attire, handbags, and jewelry and we’re sure you will find the perfect gift.

And remember, with every purchase made you are helping empower the women in our community as they embark on their professional journey.

So be sure to stop by the SFC Boutique on November 16th between 4 PM - 7 PM.

What are you waiting for? RSVP Today!

P.S. Don't forget to bring a friend with you!
As November is Diabetes Awareness Month, we wanted to share a few lifestyle habits to combat this health complication from arising.

**Tip 1: Portion Control Equals Glucose Control**
**Tip 2: Choose Complex Carbohydrates**
**Tip 3: Read the food label**

Dive deeper into these diabetes healthy living tips.

[Read More] // [Read in Spanish]
Connecting with us on social media and sharing our content to your friends and family is just as if not more important than receiving donations.

We'll love to see it on your social media page! ❤️